

COURSES

PDF CAREER COUNSELING

CPD102 Career Exploration .5-3 Credits

Acquaints students in choosing a career suitable to them. Involves a systematic approach to making a career choice, covering self-assessment, decision making techniques, and current occupational information. Appropriate for those undecided as to a career direction or who wish more career information prior to focusing their academic studies.

CPD116 Substance Abuse-Fundamental Facts and Insights 3 Credits

Covers topics related to substance abuse in society: identification of substance, reasons for abuse of alcohol and of drugs, signs and symptoms of substance abuse, and approaches and techniques recognized as effective in substance abuse counseling.

CPD117 Introduction to Counseling 3 Credits

Provides an overview of basic communication and counseling skills and the foundations of the helping relationship. Includes experiential, role playing, and self-exploration.

CPD102 3 Credits
Acquaints students with the field of counseling and the foundations of the helping relationship. Includes experiential, role playing, and self-exploration.

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